

Friendship Community's



Run, Walk & Wheel
FOR CAPABILITIES
Sat. May 7, 2022, 8am
In-Person or Virtual



New Family or Group Discount prices! Register Online at ...
FriendshipCommunity.net/5K

MM / DD / YYYY

Name, Address, City, ST, Zip, email, Signature X

Date of Birth, Gender, T-shirt (circle one) S M L XL 2XL 3XL

\$30 (by 4/15) In-person, \$35 (4/16 -5/6) In-person, Virtual Participant

Family or Group Discounts: 4-5 regs = \$5 off/ea. 6+ regs = \$10 off/ea.

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Friendship Community, Oregon Dairy, Landis Communities and those in their employ, and all their representatives and successors from any injury or liability I might suffer in this event.

Checks payable to: Friendship Community, 1149 E Oregon Rd, Lititz, PA 17543



WHO: You! Join a great run for a great cause!

WHEN: Saturday, May 7, 2022
7:00 a.m.- Check-In Begins
8:00 a.m.- 5K Run/Walk/Wheel Begins
Awards Presentation immediately following 5K
Free Kids Fun Run (~1/4 mi.) following Awards Presentation

WHERE: Friendship Community, 1149 E Oregon Rd, Lititz, PA 17543

WHY: FREE t-shirt (if reg. by Apr 15, after that while supplies last), FREE Parking, Low Entry Fee, Safe Course - off busy roads, benefits Individuals with Intellectual Disability & Autism, and a LOT of fun!

FriendshipCommunity.net/5K

